SUM OF NEUTRINO MASSES

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The limits on low mass $(m_{\nu} \lesssim 1 \text{ MeV})$ neutrinos apply to m_{tot} given by

$$m_{\rm tot} = \sum_{\nu} (g_{\nu}/2) m_{\nu} ,$$

where g_{ν} is the number of spin degrees of freedom for ν plus $\overline{\nu}$: $g_{\nu} = 4$ for neutrinos with Dirac masses; $g_{\nu} = 2$ for Majorana neutrinos. Stable neutrinos in this mass range make a contribution to the total energy density of the Universe which is given by

$$\rho_{\nu} = m_{\text{tot}} n_{\nu} = m_{\text{tot}} (3/11) n_{\gamma}$$
,

where the factor 3/11 is the ratio of (light) neutrinos to photons. Writing $\Omega_{\nu} = \rho_{\nu}/\rho_c$, where ρ_c is the critical energy density of the Universe, and using $n_{\gamma} = 412 \text{ cm}^{-3}$, we have

$$\Omega_{\nu}h^2 = m_{\rm tot}/(94 \text{ eV}) .$$

While an upper limit to the matter density of $\Omega_m h^2 < 0.12$ would constrain $m_{\rm tot} < 11$ eV, much stronger constraints are obtained from a combination of observations of the CMB and the amplitude of density fluctuations on smaller scales from the clustering of galaxies and the Lyman- α forest. These combine to give an upper limit around 0.5 eV.